

Volume
10/09

Ascension & Holy Trinity,
Episcopal Church
334 Burns Ave., Cincinnati, OH 45215

October
2009



CONNECTIONS OCTOBER

FALL WORSHIP SCHEDULE

On Sunday Holy Eucharist is celebrated at

8am & 10am in the Church

9:15am Nursery care in the lower level Nursery.

*On Wednesdays Holy Eucharist is celebrated at 10am
(in the Memorial Chapel of Ascension & Holy Trinity)*

*On the 4th Tuesday in the Month
Holy Eucharist 4pm in the Chapel at Evergreen.*

Contact the church:

(513) 821-5341 or e-mail: aht@eos.net

WWW.ASCENSIONHOLYTRINITY.COM



News from the Pews

OCTOBER BIRTHDAYS

- | | |
|-----------------------|-----------------------|
| 1. Don Geehring | 17. Anne Cordes |
| 2. Mark Dugan | 19. Alan Mellish |
| 4. Alex Stahler | 21. Maura Gillingham |
| 5. Chuck Kellner | 22. Stewart Patch |
| 8. Olivia Munneke | 23. Matt Madison |
| 9. Leanne Anderson | 25. Lynne Fitzwater |
| Collyne Purdy | Tal Gast |
| 10. Jean Latta | Joe Gieringer |
| 11. John McCauley | 26. Meredith Glover |
| Carol Ostrander-Gómez | Becca Stegman |
| Jim Stegman | 28. Andrew Barnes |
| 12. Cindy Belew | Ben Hopple |
| Karla Dugan | Kevin O'Neill |
| Jennifer Fitzwater | Katherine Ritchey |
| 13. Jon Boss | 29. Jon Boss II |
| Kelly Hale | Christopher Fitzwater |
| 14. Laura Harperink | David Rumke |
| Taylor Lovejoy | 30. Kurt Gieringer |
| 15. Aidan Hymes | Will Gieringer |
| Molly Thurman | Lucia Nebert |
| 16. Alicia Brandewie | 31. Morris Evers |
| Philip Brandewie | |



PRAYER CONCERNS:

Matthew Gillingham,
Mark Herzlick, Ruth & Harry Flewel-
ling, Janice Timko, Peter Poggiali &
Family, Sandi Osner, David Tate,
Vicki Jahns, Ginny Buechter,
L Cpl Ben Adams, Smitty & Terry,
Liz Ahmad,
Sally & Eric Tisdale, Matt Allen.

Please call the Parish Office
to add a name to the Prayer List.

October Anniversaries

2. Jim & Lynne Boude
10. Lou Squyres & Pat Merchant
14. Dan & Lucia Nebert
20. Cleve & Jenny Callison
23. Noel & Angela Horne
24. Lew & Dorothy Poggiali
26. Eric & Alyson Roeseler
29. Jack & Lisa Cox

News from the Vestry...

The vestry was delighted to learn that Anne Warrington Wilson will be our supply priest for October and November. She is a very experienced priest, and most recently was the interim at All Saints in Pleasant Ridge.

At our regular vestry meeting on September 21, we heard a report from the co-chairs of the search committee, Maurice Bason and Rich Gómez who briefed us on the progress of the search committee. The committee was disappointed to learn last week that three very interesting candidates had accepted other positions. But they are moving along quickly, and have several good candidates in the process. It is clear that ours is a very good search committee. They work well as a team, while each individual is able to think and process independently.

Lynn Boude invited the vestry to come downstairs and tour the catechesis atrium. The catechesis program is our church's very sophisticated Sunday school program based on the Montessori method. The atrium classroom is beautiful, calm and restful, with a place for everything and everything in its place. The whole vestry sat contentedly at the lovely new work tables while Lynn explained the program to us.

At the end of the vestry meeting, the vestry celebrated the two years that Reverend Pat has been our interim rector.

Huxley Miller, Senior Warden

From the Registers:

Wedding:

September 12th Deanna Womack & Mark Hollon
Their new address: 6665 Lilly Pad Ct., Mason, OH 45040.

Deaths:

September 5th Mark (Hap) Adin Fuller, Jr.
Give to the departed eternal rest; Let light perpetual shine upon them.

Notes of Thanks

The weather, August 29th and 30th was perfect!

- Perfect for a 150 mile bike ride! There were over 1100 of us riding over the weekend trying to raise money to eliminate Multiple Sclerosis. Collectively, we raised over \$750,000. It was a very rewarding experience for me.

The weekend was filled with the spirit of hope, accomplishment, and pride. Thank you for supporting my passion to eliminate the pain and suffering people experience with this dreadful disease.

Caitlin Murphy.

THANK YOU FOR YOUR HELP AT TOP'S RETIREMENT CELEBRATION

To Huxley Miller, who took and presented a beautiful picture of our church to Top.

To every one who contributed to the scrapbook and especially to Laura Bence who compiled the pages and made the book beautiful and professional.

To Elizabeth Graham, who coordinated the reception, and to Carol Gómez, and to all the many, many ladies and gentlemen who contributed food, time and talents to make the event run smoothly and to clean up afterward.

Thank you again,

Leanne Anderson

SUMMER LEMONADE HOUR

Thank you to all the hosts for our summer lemonade social hour. We had some wonderful cool mornings to enjoy each others company and to welcome newcomers.



MUSIC NOTES

It is wonderful to have the choir back again, providing musical leadership for our services. They are a wonderful group and enjoy their ministry very much, while managing to work hard for a benign dictator, and even manage to laugh at the choirmaster's jokes! What a lovely bunch of people!

There is room for expansion in this group and this is my annual appeal to consider joining the choir. When we are all present, we number about 21. I would like to see the group grow to 30! After all, we have a number of retirees who enjoy traveling from time to time (including myself now) and it would be nice to have some up-and-comers to keep the cave or loft full when those vacation trips are in full swing.

If you are interested, please speak to me after service, call or email at any time. We will welcome you warmly. Plus, you don't HAVE to be a wonderful cook to join, but we seem to attract extremely good ones and our parties are magnificently nourishing!

Along these lines, I want to welcome two new members: our new Choral Scholar in the alto section is Ashlie Smith, a voice major in the M.M. program at CCM. More about her elsewhere in this newsletter. Also in the alto section is Mary Melville....a familiar name, yes?....sister-in-law to Nancy Melville. Mary was in the Calvary Choir with me about 30 years ago, so I shall have known her longer than any other choir member! I expect she will liven things up!

Please think about singing with this wonderful group...if you have the time to commit and the ability (albeit rusty) to read music. And don't worry if it's been a while, that's rather like riding the proverbial bicycle: once you learn, you don't really forget...

Cantate Dominum
Kelly Hale



Parish Health Ministry

WALK TO BETHLEHEM PROGRAM.

Our 12 week walking/exercise program is underway. All ages from pre-school through ?age are encouraged to participate. (Latecomers - please contact Angela Horne at Anghorne@aol.com for materials). Together as a congregation we plan to log enough exercise miles to get from Cincinnati to Bethlehem by Christmas.



Any form of exercise counts - 20 minutes equals one mile - walking, team sports practices and games (we especially need our middle and high schoolers to participate), golf, water aerobics, recess on the school playground, gym workouts, walking the dog, ANY 20 MINUTES OF EXERCISE COUNTS AS ONE MILE.

Each participant fills out a weekly log and deposits it in the collection box located on a table below the world map on the Parish Health bulletin board in the main hallway. From the returned logs, we will record our progress through OH, PA and NY, across the Atlantic Ocean and through the countries of North Africa to Israel. Along the way, we will discover cultural information, become more physically fit and develop our spiritual awareness using the meditations provided.

Save the date of Saturday evening, November 14 for a "Where Are We Now Party" in the Parish Hall.

Questions?? — Contact Angela Horne: Anghorne@aol.com or 729-2173.

FLU CLINIC/MINI HEALTH FAIR - SUNDAY, OCTOBER 18, 11.30am- 1.00pm.

Interim Health Care will again offer flu shots for seasonal flu (not H1N1 swine flu). Cost is \$25 payable by cash or check Medicare Part B will be covered free of charge but card must be presented. Minimum age is 18. Sign up is required by October 11. A sign up sheet is located on the Parish Health bulletin board.

Blood Pressure checks will be offered concurrently with the flu clinic.

Mini Health Fair - displays, samples and information relating to the prevention of seasonal illness.

CARD MINISTRY - Coordinator, Betsy Cooper

Cards are sent to parishioners who need/would appreciate a note from their parish family - encouragement, congratulations, sympathy etc. Please contact Betsy at betsycooper@fuse.net to let her know who would like this expression of concern. We appreciate the financial support of ECW for this ministry.

COMMUNITY CPR-AED CLASS - TUESDAY, NOVEMBER 10, 6 - 9PM.

Wyoming EMS personnel will present this class in the Emergency Services building on Grove Avenue. Class includes adult, infant and child CPR and AED instruction. Minimum age is 12 and teenagers are encouraged to attend. Cost is \$20 and prior registration is necessary. Parish Health Ministry funds are available for teenagers from A&HT. Please contact Angela Horne if interested.

Please consider taking this opportunity to become qualified to save a life.

Your A&HT Parish Health Team members are:

*Cheryl Brumbaugh, Betsy Cooper, Lynn Fitzwater, Angela Horne,
Kathy Kessler, Renee Kuyath and Deanna Womack.*

Please join us in these activities and in our ministry of care.

Talk to any of us about your interest.

**LEGS IN MOTION OCT. 11****- LEG UP ON THE ROAD TO BETHLEHEM!**

You can give A&HT a boost on the trek to Bethlehem, and help youth go on mission trips, by turning out for the Legs in Motion party at Winton Woods on Oct. 11! If enough of us come, we could easily add 250 miles to our parish total on the "Walk to Bethlehem" - every two feet help!

Any parishioner of any age is encouraged to bring bikes, skates, wheelchairs, or just plain feet to enjoy a beautiful afternoon of trekking around the lake. All funds raised go to the Youth 2 Mission scholarship fund of the diocesan National and World Mission Commission. Youth going on mission trips next summer will be able to apply for partial scholarships to cover the cost of their adventures. This fund has helped send our young people to the Dominican Republic to teach vacation bible school the past two summers. This event starts with a free picnic at 1 pm, hosted by St. James and Calvary Churches. The entry fee for Legs in Motion is \$20 per individual, \$50 per family but will be waived if you raise \$100 in sponsorships. To download a registration and sponsorship form, please visit this link on the diocesan website www.diosohio.org/What we do/global-outreach.html and let Ariel Miller know if you are planning to come so we can organize carpools.

Adult Education Offerings for October

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|-----------------------|--|
| Oct. 4 th | - Search Team Forum (Parish Hall) - Bible Study (Assembly Room) |
| Oct. 11 th | - Thoughts on General Convention (PH) - Bible Study (Assembly Room) |
| Oct. 18 th | - Cooking on a Budget (Parish Hall) - Bible Study (Assembly Room) |
| Oct 25 th | - Coking on a Budget Pt.2 (Parish Hall) - Bible Study (Assembly Room) |

COMMUNITY DINNER

6-7pm Tuesday, October 13th is our next time to Serve at St. Simon of Cyrene; this location is so successful, we are able to serve many children who live in the area.

Food Prep 3pm at A&HT on Tuesday Oct 13th.

Requested item for the month
Hot Dogs or Hamburger

Label for Community Dinner and place in the A&HT Kitchen Freezer.

Please come help & Have Fun!

Exciting Opportunity for a Pre-School at A&HT

In September the Vestry commissioned a new committee to study the feasibility of opening a pre-school at A&HT, to be operated by Sandy Rempe. I have been appointed the chairman of the committee, and I need plenty of help! Our goal is to provide a complete report on what is required to start and run a pre-school, as well as how this would impact our existing programs and mission, so that the Vestry can make an informed decision one way or the other. We need people to help identify all the issues that need to be addressed, people who can propose and study solutions to the issues, and people who can meet with contractors to obtain bids and estimates. If you are interesting in helping us out, please contact me by email or by phone. THANKS!

Jim Stegman

jim@eos.net | 521-2040

OCTOBER MANNA LIST FOR VALLEY INTERFAITH FOOD & CLOTHING CENTER

Your dedication to our mission of "Helping our Neighbors in Need" is so appreciated. Month after month, we are amazed at how everyone pulls together to help us stop hunger in our surrounding neighborhoods. Donations of any kind are always appreciated, however this month, we are in need of the following items:

Macaroni & Cheese or other Pasta/Rice Products

Crackers Canned Corn

Canned Fruit

Canned Spinach

Canned mixed vegetables

Canned carrots

*Deodorant

Large plastic shopping bags

(like the ones you get from a department store)

*empty containers

(24oz cottage cheese containers or 11.5oz coffee cans)

* We are extremely short of these particular items and would appreciate your utmost attention to these donations.

OUTREACH OUTLOOK.

In October we will schedule our annual open-to-all Outreach meeting. The key business for this meeting will be:

- Review the A&HT Outreach strategy and discuss possible changes.
 - Review the status of our established Outreach ministries and the A&HT volunteer support for them.
 - Determine the disbursement of the \$9,000 Outreach budget for 2009, which will principally support our established ministries.
 - Review possible new Outreach ministries.
- Proposals are invited from all church members.

We will select a date and time that will best fit the schedules of the lead volunteers for our established ministries. Please look for the meeting notice in the weekly bulletin. You will be most welcome to attend.

Noel Horne.
Chair, Outreach Mission Group

**ANITA AND MICHAEL DOHN,
MISSIONARIES IN HEALTH MINISTRIES**

Web-site: <http://dohnfamily.org> **E-mail:** DohnFamily@sams-usa.org

Anita and Michael Dohn are physicians serving as South American Missionary Society missionaries with La Iglesia Episcopal Dominicana at the diocesan Clínica Esperanza y Caridad. They live along the southern coast in San Pedro de Macorís in the Dominican Republic.

For more information, visit their website: <http://dohnfamily.org>

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The fuzzy future

The developing theme for the week was vagueness, haziness, and ‘fuzziness’ as different groups and individuals were making plans for the future.

We are wondering whether it would be wise (or even possible) to start any new initiatives at the Clinic in 2010 given the financial and other considerations. Plans for the future of existing programs were also uncertain. Lots of unknowns next year.

On a more individual level, a visitor was discussing her call to cross-cultural mission work. She was trying to see what might be ahead for her as a missionary somewhere in Latin America. It was all looking a little vague to her.

At some point during the week, someone quoted Psalm 119:105: “Thy word is a lamp unto my feet and a light unto my path.”

We are reminded fairly frequently (thanks to the electric outages here) that a candle or lamp at night does not illuminate much more than the next couple of steps. All we can be certain of is where to put our feet now. Beyond that, all is in darkness.

More than ten years ago, we gave up our lives and headed into the mission field with four daughters (ages then from 4 to 14 years). We tried to see the future, but without much success. It felt supremely uncomfortable and insecure from financial, professional, educational, and family perspectives. But, we continued taking the subsequent steps as they became clear to us; then further steps were revealed. It seems to have worked out and continues working out so long as we stay faithful to discerning that next step.

People sometimes ask us how long we are going to continue as missionaries. Well, we can clearly see the work we are called to do for the next year or so, but beyond that it all seems a little fuzzy. If everything were always clear to us, there would be no role for faith, I suppose.

Keep praying, *Michael*